




Questions of Understanding

Questions of understanding are questions that are motivated by a desire to understand more about someone and their beliefs. They might look and sound like:

<p>Inviting deeper meaning</p>	<p>Inquiring about impact</p>	<p>Asking for more detail and clarity</p>
<p>What made you want to...? Where did you learn that was important to you? What personal experiences led you to believe that?</p>	<p>How did this impact the next time you...? What did you learn? How did this affect...?</p>	<p>Say more about... What about this feels important to you? When you say... what does that mean to you?</p>
		

Fill in the blank

Choose one of the following sentences and fill in the blanks to make it true for you. Choose the one that you feel most passionate about right now.

_____ is the best holiday of the year.

_____ is/are better than _____.

There should be a school rule that _____.

_____ should no longer be taught in school.

Break out into pairs

One person shares their statement. The second person asks questions to better understand the first person's perspective and where their belief comes from. The first person responds honestly. Continue asking and answering questions for the full time.

Reflection Questions



What was something new you learned about your partner, their perspectives, or their point of view that you didn't know before?

Describe a time when you asked a question to understand someone's perspective better or a time you wished someone had asked you a question of understanding.

How did it feel in your body to ask questions of understanding? I felt _____.

- Excited Energized Scared Worried Anxious
 Happy Connected Smart Interesting Funny
 Other: _____

How often do you feel this way when asking/responding to questions of understanding?

- 1 2 3 4 5

1 meaning "not very often" and **5** meaning "all the time"